

# History of Nursing Science and Evidence

# Introduction

Over the years, the field of nursing science underwent a dynamism in growth and development, which by and large transformed the practice from a relatively unsophisticated profession to a highly complex profession anchored on research based approaches. In this paper, the reader will also learn about the evolution history of the nursing science as well as the part evidence established within contemporary nursing practice.

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# Early Beginnings

The profession of nursing can be dated back to early civilizations providing nursing care to the sick and was initially performed by women in religious and or familial capacities. Such civilizations as Egyptians, Greeks as well as Romans had some basic perception of medical science and appearing nursing care techniques, though it was not a recognized profession at that time.

# Modern Advancements

Although nursing dates back many years, the twentieth century marked the scientific process of nursing as a subject matter with colleges on nursing and theoretical systems. The concept of evidence-based practice or EBP became one of the defining features of modern nursing that focus on research and evidence in the decision-making process concerning patient care.

# Conclusion

Nursing science advancement history show that nursing profession has advanced from caregiving that was considered to be informal to a more professional and conclusive field of study. To this end, understanding this evolution can help all working nursing professionals comprehend the importance of evidence at improving the quality of patient care and myopia and mortgage the nursing profession's future.

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