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# PIRIFORMIS SYNDROME



# *Introduction*

**Piriformis Syndrome is similar to sciatica in that it involves a specific muscle – the piriformis muscle in the lower buttock – irritating or compressing the sciatic nerve. Due to this condition, people develop pains, tingling, or numbing sensation in the buttocks and down the sciatic nerve, which leads to a miserable experience while undertaking their normal activities.**



# *Diagnosis DelWS*

**Diagnosing Piriformis Syndrome is rigorous as usually it manifests similar to other medical conditions such as sciatica or lumbar disc herniation. This can cause those affected to receive wrong treatments and to suffer for long periods. Because of this, the best way to deal with the problem is to follow a systematic and scientific approach in order to diagnose the problem correctly at the deeper level of its manifestation.**





# *Physical Therapy*

**Involves stretching and relaxation exercises that are particularly tailored at handling the piriformis syndrome through reducing tension on the sciatic nerve.**



# *Conclusion*

**Piriformis Syndrome also needs to be managed using a treatment plan based on patient specificity. At [TheCaseSolutions.com](https://TheCaseSolutions.com), you will find insightful case studies that will help create appropriate solutions for complicated medical conditions.**



# *Resource*

**This case is just a sample partail case solution. Please place the order on the website to order your own orignally done case solution.**

**Resource: Visit [thecasesolution.com](http://thecasesolution.com) for detailed analysis and more case studies.**